

Dates for the diary

6th Sept – Higher Education Conference

Edinburgh Corn Exchange – For all S6 Pupils considering applying for college or university in 2017. All Scottish universities and a variety of other British institutions will be represented. Pupils will depart school around 08.30 and be back by 12.00. See Mrs Brandie for more information.

7th Sept – S1 Social Subjects IDL

Our S1 will spend the day exploring the community and how it has changed historically and geographically. Period 1&2 will be spent exploring to gather together information. The morning culminates with learners collaborating to produce a 'Postcard from Penicuik' which communicates how Penicuik has changed over the years. For more information speak to your Geography/History teacher.

13th-15th Sept – Silver DofE Expedition

Our silver group will complete their qualifying expedition, consisting of 3 days walking and 2 nights camping!

15th Sept – BIG DAY

See inserted article for more info.

16th Sept – Holiday

19th Sept – Holiday

27th Sept – Higher Geography

Fieldwork S5/6 Pupils studying towards achieving Higher Geography will carry out surveys and collect data in Portobello and North Berwick to contribute towards their Assignment. Permission forms should be returned no later than 19/09/16. For more information see Mr Archibald.

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Penicuik High News

Participation – Respect – Inclusion – Determination – Excellence

September 2016



BIG DAY

This year our BIG DAY will be taking place on Thursday 15th September. Prior to the day pupils will be choosing from a variety of events to participate in – both sporting and recreational. Activities available include trans-continental cookery demonstrations, hockey, archery, first aid and much more. We are working with a vast array of community partners to provide activities including Police Scotland, Pentland Rangers and Scottish Rugby. The morning will see the pupils split into their houses – Clark Maxwell will take part in outdoor activities first while Liddell will remain indoors, switching places after break.



Our day culminates with a sponsored walk through the John Clerk estate until the end of the day. The BIG DAY is an opportunity for pupils to immerse themselves in the community and promote all aspects of health and wellbeing, whilst challenging themselves with new activities.

As outdoor activities will be involved, pupils are expected to arrive at school in clothing suitable for the weather and physical activity.

Tutor Periods

This year's S6-led whole school Tutor Group will focus closely on Curriculum for Excellence Health and Wellbeing outcomes. It will aim to further improve each pupil's knowledge of the importance of good physical, mental and emotional health allowing them to become confident, outgoing individuals and fulfil their potential. The tutor periods in September will be:

12th September Period 4

26th September Period 6

Listening Time4U

ListeningTime4U is a weekly listening service run in school by trained volunteers from Listen Well Scotland. Each session offers a safe space for pupils to explore their concerns or worries in confidence with a trained listener. A pupil might be worried about friendships, stress of homework or exams, peer pressure or feeling down. No worry is too small! Each session will last up to 40 minutes and will take place in a safe discreet place within the school.

Pupils can make appointments by speaking to their guidance teacher or enquiring at the Guidance Base.



Penicuik Alumnus Honoured by the Queen

As part of Her Majesty the Queen's 90th birthday honours list, *George Forbes Hawkins*, a former Penicuik high pupil has been awarded an MBE. George was a pupil in the 1960s and became involved in many activities, particularly sporting, but also debating and Burns' Suppers. He was the School and County Cross Country Champion, Track Mile Champion in 1965-1966, and excelled in rugby - playing in the 1st XV.

While still at school as a senior pupil, he became involved in working with younger members of our community running one of the local Cub Scout packs and founding both then Penicuik United FC and Penicuik All Whites Boys' Club.

After leaving Penicuik High, George continued his contributions to younger generations, following a career in education. He has worked in education in several countries, having held headships. It is this work which led to his inclusion on the honours list for services to education.

*Didn't receive this newsletter by email? Please update your contact details by informing the school office in writing, to ensure you receive future editions directly to your inbox. Data check forms were issued to all students at the start of term, these should be returned to the school office by **Friday 9 September**.*

Penicuik Sports Club

Penicuik High offers a varied and exciting Active Schools programme each term with opportunities for pupils to participate at their own level in a variety of sports. We also ensure that there are pathways in place for pupils to participate further in the community or represent the school in events and competitions.



We would like as many pupils as possible to join Penicuik HS Sports Club. By paying a fee of only £10 per year pupils can go to as many extra-curricular clubs as they would like - helping to cover the costs of affiliation fees which allow pupils to enter and attend events, and will also help with the upkeep and replacement of equipment used in the extra-curricular programme. Clubs will run at lunchtime or after school and are delivered on a voluntary basis by staff or senior pupils.

Activity	Where	Teacher	Day & Time
S4-6 Spin	Spin Studio	Miss McShannon	Monday 3.30 – 4.15
S1/S2 Football	Astro	Mr Alec Bald	Monday 3.40 – 4.40
S3-S6 Fitness	Games Hall	Miss McShannon	Tuesday 7.20 – 8.00
S1 – S4 Girls Football	Games Hall	Mr Jeans	Tuesday 3.30 – 4.15
S4 – S6 Boys Football	Games Hall	Mr Hunter	Tuesday 3.30 – 4.30
S1 – S6 Hockey	Astro	Mrs McKaig	Tuesday 3.30 – 4.30
Staff / Pupil Football	Games Hall	By Invitation Only!	Wednesday 3.30 – 4.30
S1 – S6 Cheerleading	Old Gym	Miss Tavakoli	Wednesday 3.30 – 4.30
S1 – S6 Central Net Games	Games Hall	Mr Jeans	Thursday 1.00 – 1.30
S1 – S6 Netball	Games Hall	Mrs Van Aswegen	Thursday 3.30 – 4.30
S4 – S6 Spin	Spin Studio	Miss McShannon	Friday 7.20 – 8.00

****Clubs start – week beginning 5th September****

NOTE: Please ensure you have joined the school sports club (£10) (See PE department for more details).
 Wear suitable clothing and footwear for the activity and bring a bottle of water to the activity.
 Remember to bring a packed lunch on the days you are attending lunchtime clubs.
 Check the daily bulletin / Active Schools notice board for any changes to the above – details may change.
 Finally, please inform family that you are attending clubs and will be late home or arrange suitable transport / lift home.